# Interprofessional Health Care Teams

Interprofessional health care teams can assess and address holistically a range of health and developmental needs and, with sufficient supports, can improve outcomes of care. Such teams should be integrated (e.g., the Patient’s Medical Home model).

<table>
<thead>
<tr>
<th>Recommendation</th>
<th>Types of Knowledge</th>
<th>Recommendation Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>Engage in or support developing an integrated health care team of professionals, preferably ones who are familiar with adults with IDD (e.g., medical specialists, pharmacists, audiologists, speech and language pathologists, dentists, dieticians, occupational therapists, physiotherapists, psychologists, behaviour therapists and those providing community supports).</td>
<td>Empirical Expert</td>
<td>✓ ✓</td>
</tr>
<tr>
<td>Designate someone to lead, coordinate, and integrate team input.</td>
<td>Empirical Expert</td>
<td>✓ ✓</td>
</tr>
</tbody>
</table>

---

**Icon Legend**

- Recommendation Strength:
  - Clinicians’ top recommendation
  - Recommended
  - Strongly Recommended

- Types of Knowledge: Blue and grey colours specify different knowledge subtypes. Half circle symbols indicate that reviewed publications pertain to the background information to the recommendations that is presented in the first column.

---

This content is part of the publication *Primary care of adults with intellectual and developmental disabilities: 2018 Canadian consensus guidelines* in *Canadian Family Physician*, Vol 64: April 2018. The content on this page is subject to copyright by the College of Family Physicians of Canada and is not to be copied without permission. For more information on the primary care guidelines contact the Developmental Disabilities Primary Care Program at Surrey Place Centre, Toronto at ddpcp@surreyplace.on.ca.
References


Icon Legend

Recommendation Strength:

Clinicians’ top recommendation  Recommended  Strongly Recommended

Types of Knowledge:  Blue and grey colours specify different knowledge subtypes. Half circle symbols indicate that reviewed publications pertain to the background information to the recommendations that is presented in the first column.

This content is part of the publication Primary care of adults with intellectual and developmental disabilities: 2018 Canadian consensus guidelines in Canadian Family Physician, Vol 64: April 2018. The content on this page is subject to copyright by the College of Family Physicians of Canada and is not to be copied without permission. For more information on the primary care guidelines contact the Developmental Disabilities Primary Care Program at Surrey Place Centre, Toronto at ddpcc@surreyplace.on.ca